

# USDA Foods Product Information Sheet

For Child Nutrition Programs



## 100336 — Spaghetti Sauce, Low-sodium, Canned

Category: **Vegetables**  
Subgroup: **Red/Orange**



### PRODUCT DESCRIPTION

This item is a low-sodium, smooth spaghetti sauce with a tomato base and a variety of optional ingredients such as oil, sweetener, spices, and thickeners. This item is available in cases containing six #10 cans.

### CREDITING/YIELD

- One case of spaghetti sauce provides about 144 ½-cup servings.
- CN Crediting: ½ cup spaghetti sauce credits as ½ cup red/orange vegetable.

### CULINARY TIPS AND RECIPES

- Use canned spaghetti sauce as a base to prepare a marinara sauce that meets the flavor preferences of your students by adding ingredients such as diced tomatoes, garlic, and spices and herbs such as basil and oregano.
- Offering tomatoes in a variety of forms can help schools meet the red/orange vegetable requirements in the updated school meal patterns.
- To find culinary techniques and many recipe ideas visit [NFSMI](#) or [Team Nutrition](#).

### FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

### NUTRITION FACTS

Serving size: 1/2 cup (125g) spaghetti sauce, low sodium

#### Amount Per Serving

**Calories** 80

**Total Fat** 4g

Saturated Fat 1g

Trans Fat 0g

**Cholesterol** 0mg

**Sodium** 125mg

**Total Carbohydrate** 10g

Dietary Fiber 1g

Sugars 6g

**Protein** 1g

Source: USDA Foods Vendor Labels

**Allergen Information:** Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.